



10 December 2025

Dear Parent/Carer,

## Managing Seasonal Illness and Supporting Good Attendance this Winter

As we move further into the winter term, we would like to share some important guidance on managing seasonal illness while continuing to support strong attendance at school. We fully recognise that winter brings an increase in coughs, colds and other common illnesses, and we want to work closely with you to keep our community as healthy as possible.

The Department for Education has recently reminded schools and families of key national guidance to help reduce the spread of illness while ensuring that pupils only miss school when genuinely unwell. Two particularly helpful resources for parents are:

- **NHS Guidance:** [Is my child too ill for school?](#)

This provides clear and practical advice on when children should stay at home and when they are well enough to return.

- **DfE Education Hub Blog:**

[Reducing the spread of illness this winter – Seven steps to healthier schools and higher attendance](#)

This outlines simple, practical steps families and schools can take to reduce illness and improve attendance.

We kindly ask for your continued support in using NHS guidance to help decide when your child should stay at home and when they are well enough to be in school, informing the school promptly if your child is unwell, and supporting good daily routines wherever possible, even during the winter months. If you are ever unsure whether your child should attend, or if you would like support around attendance during a period of illness, please do not hesitate to contact your child's form tutor or the attendance team. We are always here to work with you.

Thank you for your continued partnership in keeping our school community healthy and supporting strong attendance for all students.

Yours sincerely,

**Mrs P Bongout**  
**Assistant Headteacher – Attendance Lead**

**Headteacher:** Mr Alan Blount, MA, BSc, QTS

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